Sciences and Techniques of Physical and Sports Activities
The first year is a common core

What is a STPSA license?

A STPAS license is a bac + 3 level diploma. The first year is a preparatory year, in which the student receives a set of sciences and knowledge that are related to the specialization, such as individual and team sports, as well as anatomy, physiology, psychology, statistics... to other sciences that are related to this specialization.

Field	
Sciences and Techniques of Physical and Sports Activities	**The first year is a common core**

First Semester (14 weeks)

Teaching unit	Matter	Credits	Coefficients	Conferences	TD	TP	HV
Fundamental Unit	Athletics 01	04	03			04h *	56h
	Gymnastic	04	03			04h*	56h
	Basketball	04	03			04h*	56h
	Biochemistry	03	02	01h:30	01h:30		42h
	Anatomy	03	02	01h:30	01h:30		42h
Methodological unit	Theory and methodology of the Scientific Research	05	02	01h:30	01h:30		42h
	History and philosophy of PSA	04	02	01h:30	01h:30		42h
Discovery unit	Introduction to the field of STAPS01	01	01	01h:30			21h
	Sport psychology	01	01	01h:30			21h
Transversale Unit	English	01	01		01h:30		21h
Semester total		30	20	09	07.5	12	399h

*Observation: the four weekly hours of the practical modules must be given in two separate sessions in (02 h/session)

second semester (14 weeks)

Teaching unit	Matter	Credits	Coefficients	Conferences	TD	TP	HV
Fundamental Unit	Athletics 02	04	03			04h *	56h
	Swimming	04	03			04h *	56h
	Volleyball	04	03			04h *	56h
	General physiology	03	02	01h:30	01h:30		42h
	Morphology	03	02	01h:30	01h:30		42h
Methodological unit	Techniques and tools of research scientific	05	02	01h:30	01h:30		42h
	Descriptive statistics	04	02	01h:30	01h:30		42h
Discovery unit	Introduction to the field of STAPS02	01	01	01h:30			21h
	Sociology of sport	01	01	01h:30			21h
Transversale Unit	Computer Science	01	01			01h:30	21h
Semester total		30	20	09	06	13.5h	399h

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*Observation: the four weekly hours of the practical modules must be given in two separate sessions in (02 h/session)