

## Sciences and Techniques of Physical and Sports Activities

### **Master's degree: Educational Physical And Sports Activities.**

The Mention physical and sporting educational activity trains professionals in teaching, sports animation and, more broadly, educational intervention in the field of physical, sporting and educational activities. More specifically, it prepares students to design and supervise training activities in the fields of physical and sports education (PSE), sport and education for (for) health and (for) citizenship.

It is based on scientific and practical knowledge which constitute the benchmark for pedagogical intervention in complete autonomy in the public or private sector

Field	Branch	Speciality
Sciences and Techniques of Physical and Sports Activities	Educational Physical And Sports Activities	School sports physical activity

### First Semester (14 weeks)

Teaching unit	Matter	Credits	Coefficients	Conferences	TD	TP	HV
<b>Fundamental Unit</b>	Designing and building the educational curriculum	05	02	01h:30	01h:30		42h
	Educational planning and programming for physical and sports activities	04	02	01h:30	01h:30		42h
	Posture, balance, and kinematic analysis	04	02	01h:30	01h:30		42h
	Applied pedagogy <b>1</b>	05	02			04h	56h
<b>Methodological unit</b>	Scientific research methodology	03	02	01h:30	01h:30		42h
	Documentary search	03	02	01h:30	01h:30		42h
	Epistemology of physical and sports activities	02	01	01h:30			21h
<b>Discovery unit</b>	school legislation	01	01	01h:30			21h
	Media and Communication technologies	01	01	01h:30			21h
<b>Transversale Unit</b>	English <b>1</b>	01	01	01h:30			21h
	COMPUTER SCIENCE <b>1</b>	01	01	01h:30			21h
<b>Semester total</b>		30	17	15h	07h:30	04h	371h

second semester (14 weeks)

Teaching unit	Matter	Credits	Coefficients	Conferences	TD	TP	HV
Fundamental Unit	Teaching methods	05	02	01h:30	01h:30		42h
	Teaching Note Tools	04	02	01h:30	01h:30		42h
	Cognitive and ecological approach to motor learning	04	02	01h:30	01h:30		42h
	Applied pedagogy 2	05	02			04h	56h
Methodological unit	Design and construction of scientific research tools	03	02	01h:30	01h:30		42h
	Statistical processing techniques	03	02	01h:30	01h:30		42h
	Philosophical currents and scientific approaches	02	01	01h:30			21h
Discovery unit	Sports injuries and first aid	01	01	01h:30			21h
	Contemporary pedagogical theories	01	01	01h:30			21h
Transversale Unit	English 2	01	01	01h:30			21h
	COMPUTER SCIENCE 2	01	01	01h:30			21h
Semester total		30	17	15h	09h	04h	392h

Third Semester (14 weeks)

Teaching unit	Matter	Credits	Coefficients	Conferences	TD	TP	HV
Fundamental Unit	Educational physical and sports activities	05	03	01h:30	01h:30		42h
	Acquisition of motor skills	04	02	01h:30	01h:30		42h
	Kinetic compatibility	04	02	01h:30	01h:30		42h
	Applied pedagogy 3	05	03			04h	56h
Methodological unit	Supervision Forum	07	04			08h	112h
	Preliminary draft note	05	03			05h	70h
Semester total		30	17	04.30h	04.30h	17h	364h

Fourth semester: (14 weeks)

Teaching unit	Matter	Credits	Coefficients	Weekly volume	Hexagonal size
Fundamental Unit	Field lurking and report	15	08	13h	182h
	graduation thesis	15	09	13h	182h
Semester total		30	17	26h	364h